



APPRECIATING YOUR SUCCESS

You are a great person. You are great because of the things you have achieved, no matter how big or small. At every turning point in your life, you have made decisions and accomplished things that have made you who you are right now. Though you might not realize it, these are great things. They are your achievements. If you didn't do what you needed to do, you would have ended up being a very different person than you are right now.

Do you recognize the greatness in you? If not, don't feel bad. Very few of us do. However, it is important to recognize this greatness in yourself because it brings self-confidence which helps you become successful.

You look at your physical appearance in the mirror, but do you look at your personality in the same way? You should look at yourself frequently to know how great you have been. Looking at your personality has many advantages. Recognizing your accomplishments will take you even further by giving you a great sense of confidence. At the same time, it will show you what has worked in your life and help you to be even more effective in your life ahead.

Wherever you want to go in life, it is very important to know where you came from and what you did to get to where you are right now. You don't have to be a great leader to have accomplishments.

However great or small your achievements and accomplishments, they are still your achievements.

Keeping Track of Accomplishments

It is important to keep track of these accomplishments and the things you have done. It is easy for us to think

about the things that we have not done. Most of us look at things that we have not done in our life. This is our nature as humans. However, you need to keep track of the good things that you have done. This is the most important thing to do. When you look back at the good things you have done, even the smallest things, you start to gain confidence in yourself and start to appreciate the greatness within you. This is why it is important to track your progress. By looking back, you gain a sense of the enormous achievement.

It is easy to keep track of your accomplishments. Pick a quiet time. It is going to be a time for self-reflection. Try to recall the important moments in your life, just like watching a movie. Make a list of good things you have done. Don't judge these accomplishments, just brainstorm them. Sometimes it is best to do this alone. It does not have to be complete. When you feel you have put most of your accomplishments down, take a look at this list. Add up each positive accomplishment and look at the total picture. This list should show you how great you have been and what has worked in your life. Maintain this list by frequently adding to it and reviewing it often.

Even the largest monuments are built by combining the smallest grains of sand. Each grain is put together to form a brick, and each brick is put together to form a monument. This is what you are today – a great monument. Whoever you are, every little thing that you have done and the choices you have made, have affected you both positively and negatively. You might have gone through a bad divorce; even though it resulted in heartache, it also made you a stronger person. Take a look at all of the positive things in each situation that has made you who you are today.

Looking back at your strengths is similar to looking at yourself in a sudden, unexpected reflection. Have you had those moments when you unexpectedly see your



reflection? There is an image that you carry in your mind about you, and when you see yourself in that reflection, it startles you. You become self-aware. This is because the image in your mind is different than your actual image. Even though you have seen yourself a thousand times before, it catches you by surprise. It feels as if you suddenly woke up. Looking at your accomplishments is very similar. You realize how strong and great you have been. You would be surprised at the outcome.

If you don't look at yourself and what you have achieved, it will be very difficult for you to know what is working and what is not working in your life. To be effective, you need to know what works in your life and what you are good at. When you look at your accomplishments, you

will know what you are good at and what works. You can capitalize on these strengths to be successful.

Conclusion

It is important to look at your accomplishments. Just as you look at yourself in the mirror to view your physical appearance, you need to look at your accomplishments to see who you really are. You need to list your accomplishments at each turning point in your life and look at them. It gives the view of yourself that you have been missing. Looking back at what you have achieved will tell you what works for you in your life. Most important, it shows how great you have been throughout the years. It doesn't matter who you are in your life. You are great. You just need to recognize it!

Need Help? Have a Question?

Call Greg's "Wonder Woman" assistant Christal. She will assist you in with booking information or answering your questions.

Call her at 304.400.4703

**Find Your
Passion
Chase Your
Dreams**