

Find Your Passion Chase Your Dreams

Award-Winning Speaker, Author, Coach, Trainer and Consultant



KOINONIA

THE MIGHTY MOTIVATOR

The Greek have a word for a spirit of unity: koinonia. Unity is essential to winning. When individuals, even highly talented and skilled ones, fail to work for the common interest of the team, they will lose the end game every time.

Each of us has the power to think, dream, plan, practice and perform. This power magnifies itself tenfold when the power of "I" becomes "team power."

Winning is why we play the game. Whether it's in the world of sports, the arena of business or the greatest game of all – the game of life – never underestimate the power of esprit de corps, which is the French word for the devotion of a team to its purpose.

Unity is what turns individual performers into a cohesive team with a single purpose – committed, disciplined and focused on achieving the common goal of winning.

A team member that consistently wins is someone who is willing to make personal sacrifices for the good of the group, and to put forth maximum effort into preparation and performance for the common good of the team.

A team player maintains a sense of urgency and high expectations. They strive with the commitment, courage, spirit, attitude, focus, enthusiasm and faith to stay the course as a team.

While it takes a team effort to keep a business at the top of its profession or a sports team at the top of their game, team spirit extends beyond the sports arena and business world. It takes a team effort to make a marriage successful. It takes a team effort to keep brothers and sisters working together for the good of the family.

Regardless of the arena you compete in, winning begins with a state of mind – a disciplined mind. It is an attitude that energizes us with a passion to perform, make sacrifices, endure hardships and play as a team to achieve extraordinary results.

Team members have the mental discipline, physical endurance and spirituality to unite to win the end game.

Unity of the mind, body and soul is not compulsory unless you expect to win, and win consistently.

A winning team is not made up of players who never lose. A winning team is made up of players who never quit.

"We can do only what we think we can do. We can be only what we think we can be. We can have only what we think we can have. What we do, what we are, what we have, depends on our thoughts and actions."

Uncommon Wisdom from Robert Collier (1885-1950)

